In accordance with national requirements regarding Certified faculty-student ratio, the final selection of students entering the junior year will be based on a maximum number of 36 students at the junior-senior level. Please see the University catalogue for official admission/program criteria.

Course Requirements

Required General Education
HLTH 101  Health and the Environment**
PSYC 101  Psychology**

Required Major Courses
HLTH 210  First Aid and CPR**
BIOL 220  Human Anatomy**
BIOL 230  Human Physiology**
CHEM 111 (or higher)**

Required for Major
HP 140  Introduction to Athletic Training**
HP 341  Athletic Training Techniques**
HP 342  Evaluation Techniques I
HP 346  Evaluation Techniques I Clinical
HP 343  Evaluation Techniques II
HP 347  Evaluation Techniques II Clinical
HP 348  Structural Kinesiology/Biomechanics**
HP 414  Physiology of Exercise
HP 439  Nutrition for Physical Activity and Sport
HP 440  Medical Aspects of Athletic Training
HP 442  Therapeutic Modalities in Athletic Training
HP 444  Rehabilitation Techniques
HP 456  Athletic Testing and Conditioning
CSP 471  Interpersonal Helping Skills
HP 480  Senior Seminar
HP 484  Clinical Tech. in Athletic Training I
HP 485  Clinical Tech. in Athletic Training II

**To be completed prior to the formal application/selection process for the Athletic Training Major. All others to be completed only following formal selection into the major.

Clinical Requirements:
Following formal selection into the program, each student is required to complete up to 20 hours of supervised clinical experience per week. The athletic training clinical experiences must be obtained from athletic training settings affiliated with the Minnesota State Mankato Athletic Training Program. Those hours must be evenly distributed over a continuous two year period.

For Further Information Contact:
Patrick Sexton, Ed.D., ATC/R, CSCS
Director of Athletic Training Education
1400 Highland Center
Minnesota State University, Mankato
Mankato, MN  56001
Telephone: 507-389-2092
E-mail: patrick.sexton@mnsu.edu

Theresa Mackey, Ed.D., ATC/R
Clinical Coordinator
1400 Highland Center
Minnesota State University, Mankato
Mankato, MN  56001
Telephone: 507-389-1355
E-mail: theresa.mackey@mnsu.edu

For the most current information on the policies for the program please see:
http://ahn.mnsu.edu/athletictraining/
The Certified Athletic Trainer
The Certified Athletic Trainer (A.T.C.) is a highly educated and skilled professional specializing in health care for the physically active and athletic populations. In cooperation with physicians and other allied health personnel, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, professional sports programs, and other health care settings.

The athletic trainer plays an important role in the health care of the physically active, especially in the prevention, recognition, management, and rehabilitation/reconditioning of injuries incurred as a result of activity. The care provided by an athletic trainer may help the individual avoid unnecessary medical treatment or aid in referral to the appropriate physician.

Athletic Training Education
Originally approved as a 26-credit undergraduate curriculum minor by the National Athletic Trainer’s Association in 1969, it was one of the first three programs approved nationally. The primary objective of the approved minor was to educate the teacher-athletic trainer to prepare them for employment at the high school level. The minor could be coordinated with any teaching major with the coursework and the required supervised clinical experiences. In the mid-70’s, the credit requirement was increased to 29, and with the sports medicine/athletic training information explosion it became difficult to cover the necessary material in a minor.

Beginning in 1982, a 67 quarter credit major in athletic training was initiated, and by 1986 the major was approved by the National Athletic Trainer’s Association and the minor was discontinued. Once again, increasing information and educational requirements, and the pioneering spirit of then program director Gordon Graham, caused the major to be increased to its current level of 65 semester credits.

As the profession of Athletic Training has evolved over the past three decades, so too has the education of athletic trainers. Recognized as an “Allied Health Care Profession” by the American Medical Association in 1990, athletic trainers continue to evolve as leaders in health care for the physically active.

Student Selection Process
Application for admission to the Athletic Training Major at the junior-level is a selective process, not all students that apply will be accepted. Due to accreditation standards the total number of students accepted into the program at the junior-level will be limited. The selection process is competitive and is based on the student’s:

- cumulative GPA and prerequisite GPA,
- completion of the general education prerequisites (as listed below),
- completion of the required major courses (as listed below),
- accumulation of up to 100 hours of pre-athletic training level observations in the

Minnesota State Mankato athletic training room, and observation and evaluation of performance during those observation hours,

- letters of recommendation and a formal interview, and
- compliance with established technical standards for physical, cognitive, and attitudinal abilities that an entry-level athletic trainer must possess. See athletic training program director for specific details.

A minimum cumulative GPA of 2.75, on a 4.00 scale, is required as an admission standard. An application packet may be obtained from the program director during spring semester and must be completed and returned by May 1st. Transfer students must meet all application requirements prior to application. The following prerequisite courses (HLTH 210, HP 140, 341, 348) must be taken on campus, remaining prerequisite courses may or may not fulfill educational competencies of the program and must be approved by the program director as acceptable transfer courses prior to application to the program. Note: The student must take the Minnesota First Responder qualified section of HLTH 210 as a program requirement. In addition, a student possessing current First Aid and CPR certification, with AED training, may waive HLTH 210 as an application requirement but must still take HLTH 210 during his/her first semester following admission to the program.

Courses required for program application: HLTH 101, HLTH 210, PSYCH 101, BIO 220, BIO 230, CHEM 111 (or higher), HP 140, HP 341, and HP 348.